



Strasbourg, 16 September 2014

PP/EPAS(2014) xx

Pestalozzi Programme of the Council of Europe

in cooperation with the

Enlarged Partial Agreement on Sport (EPAS)

Physical education and sport for democracy and human rights (SPORT)

MODULE A

Draft Programme

21-24 October, 2014

Venue

European Youth Centre
30, rue Pierre de Coubertin
F - 67000 Strasbourg
France

Tel: + 33 3 88 41 23 00

Fax: + 33 3 88 41 27 77

E-mail: reception.eycs@coe.int

Web: http://www.coe.int/t/dg4/youth/eyc/strasbourg_EN.asp

Brief introduction

This is a trainer-training course organized by the Pestalozzi Programme of the Council of Europe in cooperation with the Enlarged Partial Agreement on Sport (EPAS) of the Council of Europe.

Focus

Physical education and sport is still often an arena where violent and war-like language and images abound be it in everyday communication or through the media, where discrimination and stereotypes are common. And yet, physical education and sport have a potential, readily recognised in many places for the promotion and development of values such as human rights, human dignity and cooperation as well as a constructive, respectful attitude to oneself and to others.

This training will focus on the contribution of physical education and extra-curricular sports to personal development and these transversal aims of education.

Expected outcomes

- To develop a clear conceptual framework regarding Physical education and Sport, its orientation and scope.
- To develop attitudes, skills and knowledge on and for efficient methods for developing Physical education in schools.
- To become aware of complex and often contradictory reality of Sport and Physical education.
- To discover links/relations/connections between Sport and Physical Education with Human Rights and Democracy.
- To alleviate some of the ills and bring back the joy of physical activity without violation of rights.
- To develop tried and tested training materials and examples of practices/actions for teacher trainers.
- To create a shared view of the competences of education professionals regarding Physical education and Sport.
- To develop appropriate methodology for successful training and teaching in Physical education and Sport.
- To build a network of education professionals equipped to continue the training on an international, national, regional and local level.
- To develop awareness of own practices with personal responsibility to be a reflective active practitioner.
- To explore the new challenges to ethics in the sport realm.

Target group

Participants must be prepared and in a position to commit themselves to collaborative international work for a duration of about 12-18 months including the development and piloting of training materials in their contexts; this includes in particular:

- preparatory reading and writing tasks
- active participation in Module A
- development of training material and piloting of this material between Module A and Module B; active exchange of information and reporting back via an online working platform
- active participation in Module B in late spring 2015
- revision of training materials and participating in the final editing of the training resources in view of their dissemination
- dissemination by using the training materials developed by all participants in future trainings
- disseminate the programme in their local, regional or national context and continue working with other participants on-line, as a self sustaining network after the programme is completed.

Team of facilitators

Ana Žnidarec Čučković (coordinator)

Angeliki Aroni

Rose-Marie Repond

Pascale Mompoin-Gaillard (Pedagogical support)

Programme Summary

Date: Arrival of team of facilitators 19.10.2014.

Date: 20 October

- Facilitators meeting (start 9.30),
- Arrival of participants
- 19.00 Dinner and informal get together

Date to date: Module A: 21 to 24 October, 2014

Date: Departure 25 October

	Day 1	21/10	Starting line
1.1	9.00–9.50 9.45–10.30	Plenary ...Groups ...Individual Plenary	<p>Official opening and welcome and team presentation (Josef & Stan)</p> <p>Icebreaking, getting to know each other (15 min) (Team)</p> <p>Programme overview (incl. BG) (15 min) (Ana)</p> <p>Module series process (30 min) (Pascale)</p> <p><i>Expected outcome: participants get familiar with the setup of Module A and overview of the future work</i></p>
	10.30-11.00		Coffee break
1.2	11.00-12.30	Group work	<p>Mapping out situations (definitions – what PE should be?) (Ana & Rose-Marie)</p> <p><i>Expected outcome: participants get familiar with the framework and working definitions of PE and Sport within cooperative learning structures</i></p>
	12.30-14.00		Lunch break
1.3	14.00-15.30		<p>Reality – ills of PE and Sport (what PE really is/could be!) (Gelly & Ana)</p> <p><i>Expected outcome: participants become aware of the complex and often contradictory reality of sport and physical education.</i></p>

	15.30-16.00		Coffee break
1.4	16.00-17.00		<p>Sport and PE for HR and Democracy (Gelly)</p> <p><i>Expected outcome: Participants will explore the connections between Sport and Physical Education with Human Rights and Democracy</i></p>
1.5	17.00-18.00		<p>Sum up and evaluation forecast (Gelly) Base groups (Ana)</p> <p><i>Expected outcome: participants will reflect on the day's learning and share peer feedback within the base group</i></p>
	19.00		Dinner

	Day 2	22/10	Move to learn
2.1	9.00–10.30		<p>Energiser (Gelly)</p> <p>Competition vs. Cooperation - awareness and reflection of their own practice in term of competition – simulation (Rose-Marie)</p> <p><i>Expected outcome: participants experiment to facilitate cooperation : doing well (not beat the others), allow ample time, use common language, share leadership, share ressources</i></p>

			<i>and information, reinforce team efforts.</i>
	10.30-11.00		Coffee break
2.2	11.00-13.00		<p>Awareness of discrimination & violence (Gelly)</p> <p><i>Expected outcomes: participants to become knowledgeable about the forms that violence can take in the context of PE and Sport and become aware of their own practices.</i></p> <p><i>Participants will be better equipped to debrief their activities, sessions, practices in order to contribute to the creation of a democratic culture</i></p>
	13.00-14.30		Lunch break
2.3	14.30-16.00		<p>Action plan 1 and TU (30 min) (Pascale)</p> <p><i>Expected outcome: Participants get familiar with the template for reporting on their action plan</i></p> <p>Community of practice (60 min) (Pascale & Ana & stewards of the Pestalozzi community of practice)</p> <p><i>Expected outcome: Participants get familiar with the online platform and explore what the community of practice can offer for personal and professional development.</i></p>
	16.00-16.30		Coffee break
2.4	16.30-17.30		<p>Base groups (Ana) Sum up and evaluation (Rose-Marie)</p>

			<i>Expected outcome: participants to get to know how to use qualitative evaluations tools considering sport as instrument for improving, developing, participating to democracy and human rights .</i>
	19.00		Dinner
	20.00		Show and tell (Rose-Marie)

	Day 3	23/10	Learn to move
3.1	9.00–10.30		Energiser (Rose-Marie) Modified games (Gelly) <i>Expected outcomes: Participants to gain knowledge on what conditioned/modified games to apply the acquired knowledge and be able to design conditioned/modified games related to their students' needs</i>
	10.30-12.00		Floating Coffee break
3.2			Teaching styles that support HR & democracy (Ana)
3.3	12.00-13.30		Expectation– Empathy

			(Rose-Marie) <i>Expected outcome: participants to experiment and understand what is the source of the emotion, to take others perspective, share the emotion when knowing the difference between the others and oneself.</i>
	13.30-14.30		Lunch break
		Strasbourg boat tour Free afternoon	
	19.00		Possibility for cold plate

	Day 4	24/10	Ready, set, go!
4.1	9.00–10.00 10.00-12.30		Team building (Rose Marie) Timeline (Josef) <i>Expected outcome: participants will know what is expected of them in the 5 phases of the Pestalozzi Modules series.</i> Coaching groups (Team) <i>Expected outcome: participants will start to share ideas about what they will pilot in their own contexts after module B.</i>
			Floating Coffee break
4.2			Coaching groups cont.

	10.00-12.30		(Team) <i>Expected outcome: Participants will draft their initial plans with their coach and peers.</i>
	12.30-14.00		Lunch break
4.3	14.00-15.00	Individual	Action plan 2 (Pascale) <i>Expected outcome: participants will write up the first draft of their action plan</i>
	15.00-15.30		Coffee break
4.4	15.30-16.30	Group work	Base groups (Ana) <i>Expected outcome: participants will reflect on their learning, on the whole module process and share peer feedback</i>
4.5	16.30-18.00		Sum up and final evaluation - 3 matches (Ana) Closing (Josef&Stan)
	19.00		Dinner

Party !
