



Pestalozzi Programme Council of Europe Training Programme for education professionals

Category: European Module A

Title: Sex/sexuality education
Personal development for the prevention of discrimination
and violence

Type: *Preparatory meeting*

Doc: *Draft programme*

Dates: 08/10/2013 09:00 – 11/10/2013 17:00

Venue: European Youth Centre

Room: 01 - **Contact:** Lesley KING ext: 4189

Useful websites links:

[Council of Europe Internet Website](#)

[Pestalozzi Internet Website](#)

[Building a Europe for and with children](#)

[ONE in FIVE Campaign to stop sexual violence against children.](#)

[Pestalozzi platform](#)



in cooperation with the Council of Europe Programme
“[Building a Europe for and with children](#)”

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This is a trainer training course organized by the Council of Europe Pestalozzi Program in cooperation with the Programme “Building a Europe for and with children”.

Focus

Sex and sexuality education (SexEd) is one of many factors that influence altogether social, mental and physical health and well-being of individuals therefore SexEd is a part of human rights education, education for democratic citizenship and intercultural education. SexEd is about verbalising sex and sexuality without prejudice and stereotyping by using healthy discourse build on understanding and respect for the sexual diversity, working against taboos, violence and discrimination.

Expected outcomes

- › To develop a clear conceptual framework regarding sex and sexual education, its orientation and scope.
- › To develop attitudes, skills and knowledge on and for efficient methods for developing sexual education in schools.
- › To develop tried and tested training materials and examples of practices/actions for teacher trainers
- › To create a shared view of the competences of education professionals regarding sex and sexuality education.
- › To develop appropriate methodology for successful training and teaching in sex and sexuality education.
- › To build a network of education professionals equipped to continue the training on an international, national, regional and local level.
- › To develop awareness in teachers and learners, in their families and communities of the importance of sex and sexuality education as a way to prevent discrimination and violence.
- › To develop skills to take action to counter irresponsible behaviour and discriminative attitudes with regard to sex and sexuality.
- › To develop skills to contribute in teaching and training practice issues that develops healthy, non-discriminative and non-violent attitude of learners towards sex and sexuality.

Target group for the module series

Teacher trainers for all age groups in pre- and in-service teacher education. They need to demonstrate a strong interest in the chosen theme and have experience of or the possibility to work on educational projects in relation to sexuality education. They also need to be competent users of at least one of the working languages, English or French.

Commitment

Participants must be prepared and in a position to commit themselves to collaborative international work for a duration of about 12-18 months including

the development and piloting of training materials in their contexts; this includes in particular:

- › preparatory reading and writing tasks
- › online communication via an online working platform
- › active participation in Module A
- › development of training material and piloting of this material between Module A and Module B; active exchange of information and reporting back via platform
- › active participation in Module B in late spring 2011
- › revision of training materials and participating in the final editing of the training resources in view of their dissemination
- › dissemination by using the training materials developed by all participants in future trainings
- › disseminate the programme in their local, regional or national context and continue working with other participants on-line, as a self-sustaining network after the programme is completed.

Team of facilitators

- Guðrún Ragnarsdóttir, Iceland (coordinator), gudrunr@hi.is
- Gerrit Maris, Belgium, gerrit.maris@vormen.org
- Michael von Bönninghausen, Netherlands, info@transfysko.nl

General rapporteur

- Pascale Mompoin-Gaillard

Programme Summary

[06.10.13](#): Arrival of team of facilitators

[07.10.13](#)

- Facilitators meeting (start 9.00),
- arrival of participants
- 19.00 Dinner and informal get together

[08.10.13](#)

- 8:00 registrations in the lobby
- 9.00 opening of module A

[11.10.13](#)

- 19.00 closing of module A and farewell party

[12.10.13](#): Departure

Day 1		8/10/13: Ground-breaking and taking position	
1.1	8:00-9:00 9.00-10.30	Lobby	Registration
		Plenary	Official opening and welcome and team presentation (15 min.)
		Plenary	Icebreaking, getting to know each other (45 min.)
		Plenary	Module series process (20 min.)
		Plenary	Programme overview (10 min.)
			<i>Expected outcome: Participants gets familiar the setup of the week, overview of the future work and get to know each other and the CoE SexEd team.</i>
10.30-11.00		Coffee break	
1.2		Plenary	Council of Europe work in education and the Pestalozzi Programme (15 min)
		Plenary	“Building a Europe for and with children” - Council of Europe action to protect and promote children’s rights (15 min)
		Group work	The base line of our work. Sexual rights, respect and trust building (90 min.)
			<i>Expected outcome: Participants get familiar with the CoE Pestalozzi and Children’s Rights programmes and are informed of the CoE legislative framework and initiatives to address the theme.</i>
13:00-14:15		Lunch break	
1.3		Group work	Reality check Exploring the existing beliefs about and the status of sexuality in society and social media (60 min)
		Group work	Exploring the existing beliefs and the status of sexuality in teaching and learning (60 min)
			<i>Expected outcome: Participants will explore the reality of today society regarding sexuality and how the real life reflects in teaching and learning at different levels.</i>
15:45-16:15		Coffee break	

1.4	16.15-17.15	Group work	<p>Our dream world – PREP-task (60 min)</p> <p><i>Expected outcome: Participants will reflect on their pre-task and share their expectations and future dreams regarding SexEd.</i></p>
1.5	17.15-18.00	Plenary	<p>Tea time (20 min)</p> <p>Sum up (10 min)</p> <p>Evaluation (15 min)</p> <p><i>Expected outcome: Participants will reflect on the day's learning and share personal feedback with the group.</i></p>
	19.00		Dinner

	Day 2	9/10/13: The architecture of our work	
2.1	9.00–11:00	Group work	<p>Sexuality education: Why, what for, for whom and how? Basic assumptions (120 min)</p> <p><i>Expected outcome: Participants will explore the fundamental questions regarding Why, what for, for whom and how SexEd, in order to develop a clearer view and reach a consensus on the orientation, content and processes of sexuality education.</i></p>
	11.00-11.30		Coffee break
2.2	11:30-12:30	Group work	<p>TASK's (60 min)</p> <p><i>Expected outcome: SexED working framework, explore how they can improve their professionalism through the TASK's indicator.</i></p>
	12:30-14:00		Lunch break
2.3	14:00-16:00	Group work	How can we go about it? – Good practices (220 min)
	16:00-16:30		Coffee break
2.4	16:30-18:00	Group work	<p><i>Continuation:</i> How can we go about it? – Good practices</p> <p><i>Expected outcome: Participants gets examples of successful practices in the field of SexEd in the philosophy of the Pestalozzi programme.</i></p>
		Plenary	<p>Idea for action (20 min)</p> <p><i>Expected outcome: Participants starts to think about their content for their Plan of Action.</i></p>
	19.00		Dinner
2.5	20.00-21.00	Plenary	<p>Show and tell (60 min)</p> <p>Opportunity for participants to share good practises in the field of SexEd</p>

Day 3		10/10/13: Bricks and mortar	
3.1	9.00–10:30	Plenary	<p>Sum up (10 min)</p> <p>Evaluation (15 min)</p> <p>Tea time (20 min)</p> <p><i>Expected outcome: Participants will reflect on the previous day's learning and share personal feedback with the group.</i></p>
		Group work	<p>Action research feedback techniques and Peer learning (45 min)</p> <p><i>Expected outcome: Participants will get to know how AR, peer learning and critical friends can support their own professional development in the field of SexED with the support of the Pestalozzi online community of practice.</i></p>
	10:30-11:00		Coffee break
3.2	11:00-12:00	Group work	<p>Action plan and training units (60 min)</p> <p><i>Expected outcome: Participants will work on their Action Plan and Training Units by using action research feedback technique and peer learning as tools for support.</i></p>
3.3	12:00-14:00	Group work	<p>Community of Practice (120 min)</p> <p><i>Expected outcome: Participants get familiar with the online platform and explore what the community of practice can offer for personal and professional development.</i></p>
	14:00		Lunch break
Reimbursements			
Free afternoon			
	19.00		Dinner

Day 4		11/10/13: Bridging for future communication and cooperation	
4.1	9.00–10:30	Plenary	<p>Summing up (10 min.)</p> <p>Tea time (15 min.)</p> <p><i>Expected outcome: Participants will reflect on the Previous day’s learning and share personal feedback with the group.</i></p> <p>Time line (60 min.)</p> <p><i>Expected outcome: Participants will get to know the time line before Module B.</i></p>
	10:30-11:00		Coffee break
4.2	11:00-12:30	Group work	<p>Coaching groups (90 min)</p> <p><i>Expected outcome: Participants will review their initial plans with their coach and peers. They will know how they will work together in teams by developing their AP and TU in smaller group.</i></p>
	12:30-15:00		Lunch break
4.3	15:00-16:30	Group work	<p>Relevant websites (30 min)</p> <p><i>Expected outcome: Participants will get examples of SexEd websites.</i></p>
		Plenary	<p>Looking ahead (60 min.)</p> <p><i>Expected outcome: Participants will get a message of their future work and opportunity to discuss it.</i></p>
	16:30-17:00		Coffee break
4.4	17:00-18:00	Plenary	<p>Summing up (10 min.)</p> <p>Evaluation (30 min.)</p> <p>Closing (20 min.)</p>
	19.00		PARTY – PARTY – PARTY – PARTY



**Participants are invited to bring something nice to share
(drink, food, song, dance...)**