Programme

Capacity building seminar "Drugs in Prisons"

2-4 June 2011, Zaporozhye Region, Ukraine

Problem analysis

According to the Committee for Prevention of Torture’s conclusions, “the presence of inmates with drug-related problems gives rise to a number of particular difficulties for prison authorities. This includes health and security issues, as well as the choice of forms of assistance which are to be offered to the prisoners concerned.” The cumulative effect of overcrowding, poor regime activities and inadequate access to sanitary facilities and medical services creates safety and security problems both for staff and inmates in the custodial settings in Ukraine.

There is a significant number of claims submitted to the ECHR from the Ukrainian citizens related to the violation of the ECHR Article 3 on prohibition of torture, and "inhuman or degrading treatment or punishment" in prisons. The case of Melnik vs Ukraine describes the complexity of the problem in the Ukrainian prison system as regards drugs, high level of tuberculosis, overcrowding, inadequate access to and availability of medical services, lack of staff training and regime programmes.
According to the information from State Department of Ukraine on Enforcement of Sentences, a comprehensive approach to treatment and rehabilitation of drug using offenders (including substitution therapy) should be considered in the context of continuity of care and would require coordination of efforts from different state agencies. Certain measures to reduce harm caused by drug use in prisons, such as needle exchange programmes, might bring more effect than substitution treatment due to estimated low consumption of opioid drugs in prisons. Understanding the epidemiology of drug use in prisons, assessment of effectiveness of treatment options, cooperation with state and NGO actors in the field are among top priorities for the Department.

In the request for assistance received by the Pompidou Group from the local prison authorities in Zaporozhye Region, the following specific issues related to drug users in prisons were mentioned:

- lack of adequate psychological follow up in prisons,
- lack of the social follow up of drug addicts during prison term and upon their release,
- high somatic comorbidity due to long-term drug abuse, which leads drug users to misunderstanding of the level of addiction and inadequate attitude towards treatment,
- absence of life skills and skills to live with addiction,
- emotional instability,
- high level of social and pedagogical neglect,
- lack of adequate understanding and comprehension of chemical dependence.

The Committee for Prevention of Torture’s recommendations and the ECHR case-law also call for development of the policies and practices which prevent torture and other forms of ill-treatment in Ukraine. Training of the local staff in prisons to foster a culture of human rights in custodial settings would be one of the responses to the above-mentioned problems.

Taking into account the above mentioned elements the following programme of the seminar is suggested for implementation.

Aims and objectives

The standards concerning prisons developed within the framework of the Council of Europe will serve as the basis for the seminar’s discussions.

The aims of the seminar are:

- assist local authorities in organising continuous treatment care for drug users in custodial settings,
- develop local law enforcement practices in line with the ECHR and recommendations of the Committee for Prevention of Torture,
- foster co-operation between social, educational, health and law enforcement agencies in tackling drug problems at regional and national level.

Target Group

- prison staff in 11 prisons of the Zaporozhye Region,
- health, psychological and social agencies dealing with inmates in prison,
- health, psychological and social agencies in local community,
- judges and prosecutors at the regional level,
- local NGOs involved in tackling drugs related problems and dealing with drug users before, during and after prison term,
- experts and professionals from other regions of Ukraine.

International partners

- Council of Europe: Pompidou Group (PG), European Court of Human Rights (ECHR), Committee for Prevention of Torture (CPT)
- Ministry of Justice of the Netherlands
- Ljubljana Addiction Treatment Centre, Slovenia
- NGO “Innovative projects in prisons”, Moldova
**DRAFT TIMETABLE**

**Tuesday, 31 May:** arrival of international experts to Ukraine

**Wednesday, 1 June:** morning- visit to Melitopol correctional facility for juvenile female offenders, afternoon- arrival to venue and preparatory meeting

**Thursday, 2 June:**

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>0930 – 1000</td>
<td><strong>Official opening</strong></td>
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| 1000 – 1045   | **Torture and other forms of ill-treatment in the course of pre-trial detention and imprisonment: findings of the ECHR, recommendations of the CPT and follow up in Ukraine.**  
Inna Shyrokova, ECHR lawyer |
| 1045 - 1130   | **The CPT recommendations on issues related to Ukraine as well as to drug use among offenders.**  
Marzena Ksel, CPT expert |
| 1130- 1200    | **Coffee Break**                                                                               |
| 1200- 1245    | **Drugs in prisons: review of the European experience (epidemiology, regime measures, treatment and rehabilitation methods).**  
Gerda van 't Hoff, Ministry of Justice of the Netherlands |
| 1245 - 1345   | **LUNCH**                                                                                      |
| 1345- 1400    | Speech to the participants of the seminar by Gen. Valeriy Teteruk, Head of the Department of execution of Sentences in Zaporozhye Region of Ukraine |
| 1400 - 1445   | **11 years experience of dealing with drug using offenders in the prison system of the Republic of Moldova- successes and challenges.**  
Larisa Pintilei, Innovative Projects NGO, Moldova |
| 1400 - 1445   | **Treatment and rehabilitation of drug users in prisons: WHO recommendations and European practical experience.**  
Andrej Kastelic, Head of the Ljubljana Centre for Treatment of Drug Addiction, Slovenia |
| 1445 - 1515   | **Coffee Break**                                                                               |
| 1515 - 1700   | Working group meetings to discuss priority topics for Day 2:                                    
- Prison governors - lead by Gerda van 't Hoff and Larisa Pintilei  
- Medical staff – lead by Andrej Kastelic and Marzena Ksel  
- Judiciary – Inna Shyrokova |
| 1800 - 2000   | **Official Dinner**                                                                            |
Friday, 3 June

0900 – 1700
Two coffee breaks at 1100 – 1130 and 1530 -1600, lunch at 1300 – 1400, 1400-1530 - switching the Work Groups 1 and 2: presentation of medical issues to prisons staff, presentation of regime and security issues to medical staff
1700 – 1730 review of group work by workshop leaders.

1800 Dinner

The training sessions on Day 2 will be held in three parallel sessions: one for medical staff, one for prison directors and security units and one for judiciary. Trainers will organize interactive working groups and respond to needs expressed by the participants. Trainers will develop a training program, taking into account the issues listed below.

<table>
<thead>
<tr>
<th>Workshop I</th>
<th>Workshop II</th>
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<tbody>
<tr>
<td>Room 1</td>
<td>Room 2</td>
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<tr>
<td>Andrej Kastelic</td>
<td>Gerda van’t Hoff, Larisa Pintilei</td>
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<tr>
<td>• Identification of drug addicts and treatment of IDUs who are not under dispensary observation.</td>
<td>• Reducing harm caused by drugs in prisons: possibilities and risks in Ukrainian prisons</td>
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<tr>
<td>• The anonymity and privacy principals of participation in prophylaxis programs</td>
<td>• Prisons and infectious/communicable diseases, prison health = public health, prison environment and health risks for prisoners and personnel</td>
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<tr>
<td>• Motivating IDUs to start treatment.</td>
<td>• Drugs related infectious diseases: HIV/AIDS, hepatitis</td>
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<td>• Relation management between officers and drug addicted prisoners (with aggressive behavior, autoaggression, suicide attempts).</td>
<td>• Film on living HIV/AIDS and stigma (Russian language, English subtitles)</td>
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<tr>
<td>• Polydrug use and treatment:</td>
<td>• Prisons and tuberculosis/HIV</td>
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<tr>
<td>➢ Basics of the opioid substitution therapy.</td>
<td>• Film on tuberculosis in prisons. (Russian language, English subtitles)</td>
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<td>➢ Monitoring the treatment.</td>
<td>• The ways of smuggling drugs into prisons. The measures to prevent drug smuggling into prison.</td>
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<td>➢ Breach of treatment.</td>
<td>• Counter measures to drug use in prisons.</td>
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<td>➢ Testing for drug use.</td>
<td>• Improving the relationship between medical staff, security units and IDUs.</td>
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<tr>
<td>• Psychological comorbidity.</td>
<td>• Prevention of acute drug-related mortality in prison populations during the immediate post-release period.</td>
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<td>• Psychological follow up of prison contingent.</td>
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<tr>
<td>• Psychological follow up of drug users.</td>
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Presentation of the reforms in provision of health care within the penitentiary system of Georgia by Ketevan Goginashvili, Ministry of Labour, Health and Social Affairs of Georgia

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<th>Workshop III</th>
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<tr>
<td>Room 3</td>
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<tr>
<td>Inna Shyrokova</td>
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<tr>
<td>• European Convention of Human Rights and European Court of Human Rights</td>
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<td>• European Convention for the Prevention of Torture and Inhuman or Degrading Treatment and its monitoring mechanisms</td>
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<td>• Development of legislation and law enforcement practices for prevention of torture and other forms of ill-treatment in Ukraine in view of the case-law of the ECHR</td>
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0900 - 1300
Coffee break at 1045 – 1115, plenary session and closing of the conference at 1230, lunch at 1300 – 1400. Departure at 1430.

**Workshop I**
**Room 1**
**Andrej Kastelic**

- Psychological rehabilitation of IDUs and HIV-positive, with HepC and BBD prisoners in places of detention.
- Special consideration for women and juveniles.
- Prevention of acute drug-related mortality in prison populations during the immediate post-release period.

**Workshop II**
**Room 2**
**Gerda van ’t Hoff, Larisa Pintilei**

- The anonymity and privacy principals of participation in prophylaxis and therapy.
- The principals of effective treatment for drug dependant prisoners (pharmacology, psychosocial rehabilitation), substitution therapy.
- Anonymous HIV/ Hepatitis C/BBD testing of people held in places of detention. Particularities of the needle exchange programmes.
- Relation management between officers and drug addicted prisoners (with aggressive behavior, autoaggression, suicide attempts).
- Response to drug use in prisons (such as – “Recommendation of Council of Europe. Concerning the prevention and reduction of health-related harm associated with drug dependence”).

**Workshop III**
**Room 3**
**Inna Shyrokova**

- Inspection of places of deprivation of liberty in Ukraine and follow-up procedures: progress, problems and current tasks
- Improving procedures for implementation of recommendations following inspections of places of deprivation of liberty in Ukraine

1230 - 1300 Plenary session and closing of the conference

As a follow up to the above training, consultations by emails and telephone will be organised during first year after the training with possible on-site visits of international experts for consultations.